PLANT OBSERVATION | STUDY PAGE 1

Look · Record · Verify · Reflect

Plant / common name (if known)

Specimen or image source + access date

What I can see: leaf, stem, flower and color

Sensory notes (optional; avoid unsafe handling)

Botanical identification source / current uncertainty

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Separate what you observed from what a source reports

Published information + exact citation

Evidence type: tradition, lab, clinical or other

Safety and identification questions to investigate

Two questions for my next study session

Reflection / next step

For learning and recordkeeping, not medical or identification guidance.